

MY FAMILY REMEMBERS HER

Ask. Listen. Write it down. Remember her.

PARENT/GUARDIAN NOTE: Help your child choose someone they feel comfortable speaking to. Ask permission before beginning, and allow the woman to skip any question. If she cannot be interviewed, speak to someone who knew her or use family photographs, letters and stories. Sharing is optional and must be handled by an adult.

History lives in our families - in memories, lessons, traditions, difficult moments and dreams. Choose a woman in your family or chosen family and discover more about the life she has lived.

Young storykeeper: _____ Date: _____

The woman I want to learn about: _____

She is my: _____ Why I chose her: _____

HOW WILL YOU DISCOVER HER STORY?

☐ Interview her ☐ Speak to someone who knew her ☐ Use photographs, letters or keepsakes ☐ Another way: _____

BEFORE YOU BEGIN

ASK PERMISSION | LISTEN WITHOUT INTERRUPTING | LET HER SKIP A QUESTION | ASK FOLLOW-UPS | KEEP ONE EXACT QUOTE

CHOOSE YOUR INTERVIEW QUESTIONS

You do not have to ask every question. Choose at least six, then use page 2 to capture the most important parts of the conversation.

HER BEGINNINGS

- ☐ What name would you like us to use when telling your story?
- ☐ Where did you grow up, and what do you remember most about it?
- ☐ What were you like when you were my age?
- ☐ What did you enjoy doing or dream about when you were young?

HER JOURNEY

- ☐ What is something you worked hard for or feel proud of?
- ☐ Is there a difficult experience you feel comfortable sharing? What helped you through it?
- ☐ Tell me about a time when you had to be brave, clever, creative or persistent.
- ☐ Who or what had an important influence on your life?

HER WISDOM

- ☐ Is there a family or cultural tradition that is important to you?
- ☐ What lesson has life taught you?
- ☐ What advice would you give to younger people?
- ☐ How would you like our family to remember you?

A good interview feels like a conversation. Be curious, kind and ready to ask: 'Can you tell me more?'

MY FAMILY REMEMBERS HER | INTERVIEW NOTES

Write key words and important details. You do not need to write every word she says.

HER BEGINNINGS

Where she grew up | What she was like at my age | Childhood interests, dreams or memories

HER JOURNEY

What she worked for | A challenge she chose to share | What helped her | A proud or brave moment

HER WISDOM

People or traditions that shaped her | Lessons she learned | Advice for younger people | How she wants to be remembered

HER EXACT WORDS

Write down one sentence exactly as she said it.

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MY BEST FOLLOW-UP

THE QUESTION I ASKED

WHAT I LEARNED FROM HER ANSWER

LISTENING CAREFULLY IS ONE WAY OF SHOWING SOMEONE THAT HER STORY MATTERS.

MY FAMILY REMEMBERS HER | TELL HER STORY

Use your notes to create a short profile of a remarkable woman in your family.

DRAW HER PORTRAIT OR ASK AN ADULT TO HELP YOU ADD A PHOTOGRAPH

HER NAME: _____ SHE IS MY: _____

SHE GREW UP IN: _____ A LANGUAGE SHE SPEAKS: _____

HER STORY IN MY WORDS

WHEN SHE WAS YOUNGER

SOMETHING SHE CARED ABOUT OR HOPED FOR

ONE CHALLENGE SHE CHOSE TO SHARE

SHE RESPONDED BY

SOMETHING SHE IS PROUD OF

MORE THAN AN ACHIEVEMENT

SOMETHING THAT HELPED ME SEE HER IN A NEW WAY. It might be something she loved, feared, dreamed about or enjoyed.

WHAT SURPRISED ME MOST

BRAVE, BRIGHT OR BRILLIANT?

Circle one or more: **BRAVE** **BRIGHT** **BRILLIANT**

I CHOSE THIS BECAUSE

MY FAMILY REMEMBERS HER

ONE LESSON FROM HER LIFE I WANT TO REMEMBER

SHE DESERVES TO BE REMEMBERED BECAUSE

I WILL HELP KEEP HER STORY ALIVE BY

OPTIONAL - SHARE HER STORY:

- ☐ Ask an adult to submit it (via email info@iam-multeemedia.co.za)
- ☐ Keep it in our family
- ☐ Decide later.

****An adult must submit and receive permission from the featured woman, or an appropriate family member if she has passed away. Do not include addresses, telephone numbers, school names or private information.**

EVERY FAMILY CARRIES HISTORY.
EVERY WOMAN HAS A STORY WORTH REMEMBERING.